



Adresseinformasjon fylles inn ved ekspedering. Se mottakerliste nedenfor.

Date: 15.10.2024

Saksnummer: 24/59136-2

Influenza Vaccines for Children at High Risk of Severe Influenza

In Norway, over 80,000 children are at high risk of developing a severe influenza, yet only 8 percent of these children have been vaccinated in recent years. This low vaccination rate may be partly due to a lack of information. Therefore, the infection control supervisor in Stavanger is providing this information leaflet to explain who is especially vulnerable and where and when the vaccines will be available.

Who is this for?

High-risk groups include children with the following conditions or diagnoses:

- Chronic lung disease (including asthma)
- Heart disease
- Chronic neurological diseases or injuries (e.g., epilepsy)
- Weakened immune system due to illness or treatment (e.g., organ transplantations, cancer treatment)
- Liver or kidney failure
- Diabetes (especially if blood sugar levels are poorly regulated)
- Severe obesity (BMI over 40)
- Other severe or chronic health issues where influenza poses a serious health risk, based on an individual assessment by a general practitioner (e.g., congenital chromosomal anomalies, genetic syndromes)
- Premature children, especially those born before week 32 of pregnancy, from 6 months to 5 years of age.

Additionally, the vaccine is recommended to those living with or in close contact with immunosuppressed children.

The risk of severe influenza increases with the severity of the child's condition. For example, well-regulated asthma with mild symptoms poses a lower risk. If in doubt, please consult your general practitioner.

For more information, visit: [Influenza vaccine- Helsenorge](#)

About the vaccine

Two types of influenza vaccines are approved in Norway: an injection (from 6 months of age) and a nasal spray (from 2 years of age). For children aged 6 months to 9 years who have not been vaccinated or have had influenza before, we recommend two doses of the vaccine, with at least 4 weeks between doses.

Price per vaccine: 360 kroner

The influenza vaccine rarely causes significant side effects, usually only soreness at the injection site or a brief feeling of being unwell.

Where and when to get vaccinated

Children can receive the influenza vaccine at their general practitioner's office or at the International Vaccination Office in Stavanger starting from week 42. This year, appointments can also be made in the afternoon at the International Vaccination Office on the following dates:

- November 5, 2PM to 6PM
- November 7, 2PM to 6PM
- November 12, 2PM to 6PM

Appointment can be booked by calling: 51 91 33 33 or by email:

vaksinasjonskontoret@stavanger.kommune.no

Some of these children may also be at high risk for severe coronavirus disease. This applies to a few children and is usually determined by a paediatrician. For more information, visit: [Coronavirus vaccine-FHI](#). Children can receive the coronavirus vaccine at the same time as the influenza vaccine at the International Vaccination Office. General practitioners do not vaccinate children against coronavirus.

Consent form

Vaccination outside of the Childhood Immunisation Programme requires consent from both parents. Please take the filled-out consent form with you. Alternatively, please bring a separate letter stating the name and date of birth of the child who is going to be vaccinated, and that both parents (names, last names, and ID numbers), consent to their child being vaccinated against influenza. Both parents must sign this letter.

Kind regards

Eli Fjeld Falnes
Infection control supervisor

Eli Fjeld Falnes
saksbehandler

Dokumentet er elektronisk godkjent og sendes uten signatur



Stavanger
kommune

Consent form

Consent from both parents is required when we vaccinate children outside the Childhood Immunisation Programme.

When children under the age of 16 are vaccinated, the consent of both parents/ guardians with parental responsibility is required.

If one of the guardians is accompanying the child to the vaccination, written proof of consent from the other guardian must be presented. When an adult has the parental responsibility alone, the signature of that adult is sufficient.

I/ we would like the child to be vaccinated.

Child´s name:	
Child´s ID number:	
Vaccine Or, illness against which the child will be vaccinated	
Guardian 1	Name (in block letters)
	Date/sign.
Guardian 2	Name (in block letters)
	Date/sign.